

# MHS FAMILY AND CONSUMER SCIENCES

REAL SKILLS FOR REAL LIFE



## WHAT IS FACS?

- **FACS provides students with courses they can relate to and will empower them to be successful in the real world.**
- **Offering hands on, interactive learning opportunities to prepare them in becoming responsible citizens and leaders in family, career and community settings.**
- **Career and technical education electives to supplement student's academic courses.**
- **All courses are aligned to the Colorado Department of Education standards in math; reading, writing, and communication; science; social studies; physical education and health.**

## COURSES:

- Catering
- Peak Nutrition and Wellness
- Teacher Cadet



## STUDENT ORGANIZATION

- **Family, Career & Community Leaders of America**



## Faculty:

- **Ms. Autumn Francis- [Autumn.Francis@bvsd.org](mailto:Autumn.Francis@bvsd.org)**

## CATERING

Grades 9-12

Year Long Course

**STUDENTS WILL BROADEN THEIR UNDERSTANDING AND APPRECIATION FOR FOOD. THEY WILL LEARN THE PRACTICAL SKILLS OF COMMERCIAL FOOD SERVICE, WHILE IMPROVING THEIR FOOD PREPARATION SKILLS.**

## PEAK NUTRITION AND WELLNESS

Grades 9-10

THIS YEAR LONG CLASS

EMPHASIZES TOTAL

WELLNESS WITH A

COMBINATION OF TWO

COURSES; TEEN CHOICES

AND CULINARY NUTRITION.

THIS COURSE ALSO COUNTS

FOR A BVSD HEALTH CREDIT.

## TEACHER CADET

11-12 Grade

College-level course

providing insight to the

education profession. Students will examine the

historical, social, political,

cultural, and legal forces

shaping education. They

will also spend 8-weeks in

a classroom mini-

internship

# NEW TO MONARCH IN 2016.....

## TEACHER CADET PROGRAM OF COLORADO

- **Teacher Cadet is an innovative, college level course designed to attract talented young people to the education profession through a challenging introduction to teaching.**
- **The Program seeks to provide high school students insight into the nature of teaching, the problems of schooling, and the critical issues affecting the quality of education in America's schools.**

### Quick Facts

- **High school year-long college level course**
- **Admission application process, 3.0 G.P.A. to apply**
- **Available to juniors and seniors**
- **College credit available at select teacher education programs**
- **Colorado TC sponsored and funded through Colorado Community College System (CCCS) Career & Technical Education**
- **Teacher Cadet is a licensed curriculum from the South Carolina Center for Education Recruitment, Retention and Advancement (CERRA)**

